

# **Camp Zama Central Directory Of Services**



**Services and Programs for Children  
Birth through Five with  
Special Needs and Their Families**

**April 2007**

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## **INTERAGENCY COORDINATING COUNCIL (ICC)**

Zama's Interagency Coordinating Council (ICC) formed in February 1998 to help coordinate services available throughout the Camp Zama Community. This federally mandated council, which includes parents and members of various community agencies serves children, age birth through school age. It is designed to help families meet the special needs of their children. Participating agencies include the following with support from the 17<sup>th</sup> ASG and USAR-J:

- \*\*Arnn Elementary School (DODDS)  
PSCD; CSC; Pre-Kindergarten
- \*\*Educational & Developmental Intervention Services (EDIS)
- \*\*Family Advocacy
- \*\*MEDDAC/Preventive Medicine
- \*\*New Parent Support Program
- \*\*Child/Youth Services
- \*\*Exceptional Family Member Program (EFMP)
- \*\*WIC Overseas

## **OUR MISSION**

To help parents understand the special needs of their child and provide them with information about appropriate services in the Zama Community. We want to assist families in their search for quality educational and medical services for their children.

## **OUR VISION**

To identify and provide services, educational and medical, to all children in the Zama Community who needs them.

**Educational and Developmental Intervention Services  
NAF Atsugi/Camp Zama Division**

**Location:** Bldg. 989, NAF Atsugi  
Bldg. 122-01, Sagamihara Housing Area

**Telephone:** 267-6545

**POC:** Division Head

**Mission/Brief Description of Services of Program:** Educational and Developmental Intervention Services (EDIS) is federally mandated program under the Individuals with Disabilities Education Act (IDEA) and its DOD counter part (DODINST 1342.12). The primary mission of EDIS is to provide a full spectrum of developmental and educational needs of SOFA sponsored dependent children, from birth to 21 years, with special educational needs. EDIS consists of a multidisciplinary team of specialists in the area of early childhood special education, speech/language, occupational therapy, physical therapy, social work, child psychology/psychiatry, developmental pediatrics, community health nursing, and audiology.

Incorporated within EDIS is an Early Intervention Program that deals specifically with the birth to 3 years population, focusing on possible developmental delays in cognitive, communication, adaptive (self-help) motor, or personal/social skills. EDIS services are provided through home visits, developmental playgroups, developmental screening, and the development of an Individual Family Service Plan (IFSP).

**Referral Process:** Teachers and /or parents can refer their concerns to the case study Committee (CSC) at the elementary school. If further assessment is needed to identify and/or rule out medical concerns, the CSC will refer to EDIS for further evaluation.

## **Zama School Age Service Program**

**Location:** Sagamihara Housing Bldg. 337  
Zama Youth Services, Bldg.  
Central Registration, Bldg. 533

**Telephone:** 267-6013

**POC:** Child/Youth Services Director

**Mission/Brief Description of Services of Program:** The Camp Zama School Age Services Program provides before and after school care for children 1<sup>st</sup> through 6<sup>th</sup> grades. The SAS programs promote physical, social, emotional and intellectual skills through discovery and creativity. Examples of programs include field trips to museums, zoos, aquariums, amusement parks, arts and crafts, science projects, cooking projects and sports programs.

**Age/Description of Children and Families Serviced:** The SAS program is available and open to children grades 1-6 in the surrounding military community. Normal operating hours during the school year are 06:30 – 0815 and 1515 - 1800. We also provide care when the elementary school has half day and full day holidays. This extended care is provided at no additional cost. Breakfast and snacks are provided to the children each day, and lunch is provided on days when school is closed. Also, all field trip fees are included in the fee. Fees are based on total family income.

**Referral Process:** You may enroll your child Monday through Friday, 0730 - 1630 at the Child and Youth Services Central Registration (Bldg. 533). Please call 263-4743 for questions or more information.

## **Child Development Services**

**Location:** Camp Zama CDC; Sagamihara Housing CDC; Central Resources

**Telephone:** 263-4992; 267-6564; 268-4625

**POC:** Director/Zama; Director/SHA; Lead Supervisor/  
Sagami Depot Child Dev. Group Home:

**Mission/Brief Description of Services of Program:** Camp Zama's Child Development Services consist of three centers offering full-day, part-day preschool and hourly/drop-in care from 0530-1800, five days a week. Family Child Care homes are available at Zama, SHA Housing Area and Sagami Depot for full-day, part-day and hourly care services.

**Age/Description of Children Served:** All program services offer care for children six weeks through 12 years of age. The centers are open at 0530 **only** for single and dual military accomplishing PT. Regular program parents can use the centers from 0630-1800, Monday through Friday. Hourly care hours are 0800-1630, Monday through Friday.

**Referral Process:** To enroll a child for any of these programs, parents must go to the Central Registration Center located in the Administration Office, Bldg. 533, Rm 108 or you may call 263-4125/4743. Hours of operation are Monday, Tuesday, Thursday & Friday from 07:30-16:30 and Wednesday from 07:30-15:00. The Administration Office also has a list of registered/trained babysitters for in-home care.

## **New Parent Support Program**

**Location:** Army Community Service, Bldg. 402

**Telephone:** 263-3638/4782/4357

**POC:** New Parent Support Program Specialist  
Family Advocacy Program Manager

**Mission/Brief Description of Services of Program:** NPSP is under the Army Community Service Family Advocacy Program and its mission is to promote positive parenting and healthy families among those assigned to Camp Zama with young children. We assist families to adjust to the challenges of new parenthood, military life overseas and changes in personal lifestyles associated with parenting. We provide this assistance through three main programs: **Play-morning:** Is an interactive playgroup for parents and children. The purpose is to promote parent/child interaction and bonding through play. During the playgroup we have free play, sing songs and do craft projects. It is a great way for young children and parents to meet other similar families in the community. Play-morning is Tuesdays from 0930-1130 at the Camp Zama Chapel Child Care Facility and Thursdays from 0930-1130 at SHA CDC. Every 4<sup>th</sup> Tuesday of the month, we offer a Babylove Seminar in which a professional from the community holds an informal discussion on topics related to Expectant or New Parents. **Classes:** We offer a variety of classes on topics related to parenting or becoming a parent from childbirth preparation to parenting military children. Classes are offered on a continuous basis. **Home Visits:** This is a chance for families to have one on one education and support to receive instruction, voice concerns and ask questions regarding their parenting concerns. Home visits are voluntarily and are tailored to the families needs.

**Age/Description of Children and Families Serviced:** Open to all personnel assigned to Camp Zama that are expecting a child or have at least one child in the household age 6 or under.

**Referral Process:** NPSP has an open referral process. Any community agency can refer a family to our program and individuals can opt for a self-referral via walk-in or call. All of our services are free and confidential. Please call for more information.

## **Family Advocacy Program**

**Location:** Army Community Service, Bldg. 402, Camp Zama

**Telephone:** 263-4782/4357

**POC:** Family Advocacy Program Manager

**Mission/Brief Description of Services of Program:** The Army Family Advocacy Program is designed to provide education, prevention, and intervention services related to promoting positive, healthy, and non-violent relationships. This includes individual sessions, support group, anger/stress management, couple/family enrichment workshops, parenting workshops, and community-wide activities. We also offer **Victim Advocacy** to assist victims in seeking assistance through command, legal, counseling, etc.

**Deployment & Separation Domestic Violence Intervention:** Consists of Post Deployment Homecoming Reunion Workshops, When Someone You Know is Hurting: Child Abuse and Spouse Abuse in Our Military Community.

**Family Life Education & Library:** Free pamphlets, books, literature and videos are available for loan on a variety of topics such as Communication, Parenting, Problem-Solving, Conflict Resolution and Anger & Stress Management.

**Support Groups:** Single Parent Support Group provides support services, information and referrals for single parents. The Adoption Support Group provides support, information and referrals to community members seeking adoption or adoptive parents.

**Respite Child Care:** When families involved in FAP need a break from stressful child-rearing situations, FAP can provide funds to offer limited short-term childcare in certain situations.

**Description of Children and Families Serviced:** The program is committed to supporting soldiers, couples, families, civilians and youth.

**Referral Services:** Safety Plan Assessment, Shelter Services, Emergency Placement Care for Children, Transitional Compensation, and Follow-up.

**Referral Process:** Self-referral or referral from Command or other community agencies, and DoDEA.



## **Women Infants & Children Program**

**Location:** Preventive Medicine Bldg. 681

**Telephone:** 263-8960

**POC:** Dolores Polaski  
Dolores.Polaski@us.army.mil

**Mission/Brief Description of Services of Program:** : To provide nutritious food that will contribute to a healthier diet; tips on how to prepare a balanced meal; nutrition and health screening; and access to other resources that will help lead to healthier lives.

**Age/Description of Children and Families Serviced:** Available to eligible mothers-to-be, mothers, and children up to age 5 who are part of the DoD family overseas. Income and family size, as well as certain other criteria, are considered when determining eligibility.

**Referral Process:** No referrals needed. Contact our office to see if you and/or your children are eligible.

## **Exceptional Family Member Program**

**Location:** Army Community Service, Bldg. 402

**Telephone:** 263-4782/8087/4357

**POC:** Exceptional Family Member Coordinator

**Mission/Brief Description of Service of Program:** The Exceptional Family Member Program is a mandatory enrollment program for the Army. It works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services to families with special needs.

ACS EFMP Manager is available to serve as the coordinating agency to address EFM special issues and to advise families of services available on the installation. The EFMP Manager offers administrative assistance to soldiers with EFM's in several areas; assistance with enrollments and updates, family travel requests, exceptions to policy, family readiness, and transition assistance to new medical and educational providers is given upon request.

**Resource Library:** Items available for loan include diagnosis-related information, a community resource library, current EFMP research and policies and advocacy organization at the national, state and local levels.

**Criteria for EFMP Enrollment:** All soldiers in/out processing with EFMs at Camp Zama are required to in/out process with the EFMP Manager, located in ACS Building 407.

**EFMP Support Group:** Assist EFMs in establishing a support group, as an opportunity to share information with other parents of special needs children.

**Respite Child Care:** When EFMP families need a break from stressful child-rearing situations, FAP can provide funds to offer limited short-term childcare in certain situations.

**Ages/Description of Children and Families Serviced:** An exceptional family member is a family member (child or adult) with any physical, emotional, developmental, or intellectual disability that requires special treatment, therapy, education, training, or counseling.

**Referral Process:** DoD Mandatory Program

**Department of Defense Dependents Schools  
Preschool Service for Children with Disabilities (PSCD)**

**Location:** Arnn Elementary School, Sagamihara

**Telephone:** 267-6602

**POC:** PSCD Teacher

**Mission/Brief Description of Services of Program:** Provide an appropriate education to all children with disabilities, ages three through six years of age, who are enrolled or entitled to enroll in DoDDS.

**Ages/Description of Children and Families Served:** Children from three to six years of age, who are eligible under one of the following categories: a) Physical Impairment; b) Emotional Impairment; c) Communication Impairment; d) Learning Impairment; e) Developmental Delay may receive preschool services for children with disabilities from a DoDDS school.

**Referral Process:** All elementary schools as part of their Child Find efforts conduct active ongoing screening for children not yet in school. After the screening process, the results will be shared with the parents. Follow-up action could include: no further action; additional screening; a recheck of screening at a particular time interval; a formal referral to the school's Child Study Committee (CSC). If a formal referral is made to the CSC, parents will be active participants in the process, including, at a minimum, a conference between them and a member of the CSC to complete the appropriate referral forms and explain the eligibility process.

**Department of Defense Dependent Schools  
Preschool Services**

**Location:** Arnn Elementary School, Sagamihara

**Telephone:** 267-6602

**POC:** Pre-Kindergarten Teacher

**Mission/Brief Description of Services of Program:** Provide an appropriate education to all regular education children, ages four through six years of age, who are enrolled or entitled to enroll in DoDDS.

**Ages/Description of Children and Families Served:** Children from four to six years of age, who are eligible to enroll on DoDDS school in the following categories: active duty, DOD civilian, active duty retired civilians, US. Citizen living in Japan and Japanese civilian. Upon student registration, the child will be evaluated and placed into the appropriate category. Some categories are tuition based some are not. This will be determined during registration. Space is limited so the placements are based on a first come first served basis.

**Referral Process:** Please contact Arnn Elem. Main Office for more information.

## **Preventive Medicine Service**

**Location:** Camp Zama, Bldg. 681

**Telephone:** 263-5050

**POC:** Community Health Nurse

**Mission/Brief Description of Services of Program:** Community Health Nurse is a service offered to eligible health care beneficiaries to assist them in developing and maintaining positive attitudes toward health, in preventing illness, and in regaining or maintaining maximum health. The service is provided through health teaching, counseling and nursing services to individuals, families and groups, in homes, clinics and the work-site.

**Ages/Description of Children and Families Serviced:** Services are provided to eligible health care beneficiaries of all ages. Available services include wellness classes i.e., self-care, healthy-lifestyles, nutrition information and counseling, disease surveillance, tobacco cessation, parenting, and adult health information, and health assessments. Also assist with Exceptional Family Member Program (EFMP) enrollment.

## **COL Sams Army Medical Clinic**

**Location:** Camp Zama, Japan

**Telephone:**

Ambulance Service (emergencies only)	911
Patient Appointments	263-4175
Outpatient Clinic	263-4127
Dental Clinic	263-4603
Preventive Medicine	263-5050
Optometry Clinic	263-4240
Pharmacy	263-4475
Patient Administration	263-3455
Behavioral Health Services bldg. 502	263-4610

**Exceptional Family Member Program:** 263-8208  
(EFMP) Representative

**Sick Call Hours:**

MON/TUE/WED/FRI  
Active Duty Only: 0630-715  
Civilian: Same Day Appts.  
May began calling at 0700  
THU: Closed until 13:00

## **Girl Scouts**

**Location:** Girl Scout Hut, Bldg. S-637  
Sagamihara Housing Area

**Telephone:** Executive Director: USA Girls Scouts  
Overseas/West Pacific-263-3597  
Girl Scout Hut Sagamihara: 267-6846  
Girl Scout Store: 263-7553

**Mission/Brief Description of Services of Program:** Girl Scouts is filled with fun and adventure! But more importantly, girls build self-esteem, self-confidence and self-worth through exploring the world around them, serving their community and making new friends. Troops meet during the school year at various times and locations.

**Ages/Description of Children and Families Serviced:** All girls in kindergarten through the twelfth grade or five through seventeen years of age can be members of Girl Scouting. Scouting is for girls of all religions and traditions, of all races, and of all cultures.

**Note:** We are always seeking adult leaders and volunteers.

## **Boy/Cub Scouts**

**Locations:** Boy Scout Bldg. 101 Rm. 125-E Camp Zama  
Cub Scout Hut, Sagamihara, Bldg 126

**Telephone:** 263-7497/267-6895

**POC:** Scout Executive, Far East Council  
Japan District Executive

**Mission/Brief Description of Services of Program:** The Boys Scouts have a 90 year history of helping shape and mold the values and character of youth, through comprehensive programs designed to teach boys to make ethical and moral decisions and to build self-esteem.

**Ages/Description of Children and Families Serviced:** Boys ages 7-18 years of age can join Cub Scouts and Boys Scouts.

**Note:** We are always seeking adult leaders and volunteers.



## **Child Study Committee (CSC)**

**Location:** Arnn Elementary School, Sagamihara

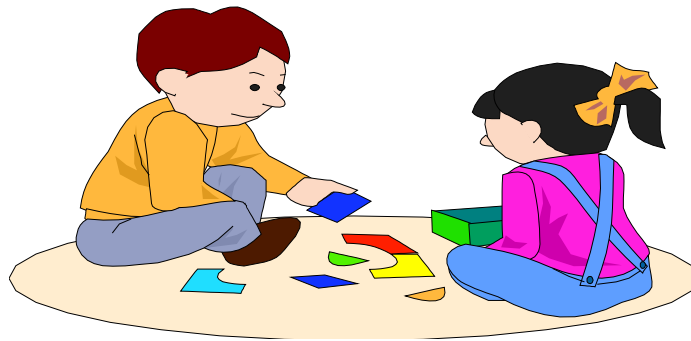
**Telephone:** 267-6723

**POC:** Child Study Committee (CSC) Chairperson

**Mission/Brief Description of Services of Program:** The CSC Department consists of programs that provide services in the school setting for children with health, emotional, communication, learning impairments as well as developmental delays. Services are provided to children with current Individualized Education Plans (IEP's).

**Ages/Description of Children and Families Serviced:** The CSC Department at Arnn Elementary School provides services to children of the age 3 through sixth grade. Families that have space required orders for the child(ren) are eligible for services.

**Referral Process:** Children with suspected educational and /or developmental delays can be referred to the CSC Team by parents, educators and appropriate personnel.



**To edit or add to this document please send information to:**  
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